

# **DOUNBY SURGERY**

## **Patient Participation Group (PPG) Meeting**

### **Wednesday 21<sup>st</sup> January 2026**

**Present:** Lorraine Flett Helen Clouston  
Anne Slight Flora Ridsdill Smith

**Apologies:** John Stockan, Christine Northage, Lynn Runciman, Anabel Eltome

## 1. Welcome

Lorraine opened the meeting

## 2. Matters Arising

- **Mission Statement** – The practice will arrange for the mission statement and PPG information to be displayed on the waiting room screen.
- **Surgery upgrade work** – this has now been completed
- **Health and Care experience survey** – no results available yet
- **Wintering Well Kits** – No feedback on whether any patients have benefited from this initiative.

### 3. Cardiovascular disease prevention scheme update

Lorraine provided an update.

- 155 people were invited; 43 attended for checks.
- A small number of individuals were diagnosed with conditions including type 2 diabetes, prediabetes, and high cholesterol.
- Many others received lifestyle advice to help reverse raised cholesterol

## 4. Frailty

The practice is going to commence work on a project around frailty, and this will be the focus of their training afternoon in February. Helen gave a presentation covering the impact of frailty and how it is assessed and why this is useful in healthcare.

## 5. Practice Update

- **IT upgrade** – Due to a national programme of IT system reprovisioning, the practice will move to a new clinical system in July. As this will involve transferring patient notes and appointments, some service disruption is expected. The practice will keep patients informed.
- **Staffing** - Dr Holly Woodwork, trainee GP, will join the surgery from early February through to August

## 6. Flora's Update

- **Health Walks** – following feedback from patients these walks are now held weekly, Tuesdays at 12pm leaving from the surgery.
- **Staffing** – Flora will begin a project on Monoclonal Gammopathy of Undetermined Significance (MGUS), a small change in a blood protein that can very rarely develop into myeloma. She is establishing a system for regular monitoring of identified patients and will soon contact a small number of individuals to invite them for review appointments

## 7. Date and time of next meeting

The next meeting will take place on Wednesday 25<sup>th</sup> March at 12.45pm.